

4 Doctors and providers

PROVIDER	SPECIALTY	PHONE	LAST VISIT

5 Insurance

MEDICARE / MEDICAID: WHERE THE CARD IS KEPT

OTHER INSURANCE · PHONE

SUPPLEMENT OR ADVANTAGE PLAN · PHONE

LONG-TERM CARE POLICY (IF ANY)

Tip: write where cards are kept rather than full ID numbers, and store the sheet somewhere private.

6 Where the important papers are

DOCUMENT	LOCATION / WHO HAS A COPY
Advance directive / living will	
Health care power of attorney	
Financial power of attorney	
Will or trust	
Do-not-resuscitate or similar orders (if any)	
Spare house and car keys	

7 Daily routine that helps

LAST UPDATED (DATE · BY WHOM)

Next step

Turn this sheet into a full family plan with the CareBridge Emergency Binder and Family Care Coordination Dashboard at buaflow.com/carebridge.